



Nelson News

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IMPORTANT DATES FOR YOUR DIARY — PLEASE READ

Monday 5 Feb
Tuesday 6 Feb
Wednesday 7 Feb
Thursday 8 Feb

Friday 9 Feb

PTA Meeting 8.00pm Nelson Pub
Y5 Parent Rep Meeting 2.30pm
Y5 Victorain Workshop
Y3 Moses & the Egyptians 1.30pm
Swimming Gala (Team Only)
6N Assembly 2.30pm
2M Cake Sale

Nelson Stars

Our Nelson Stars this week are: Lyla 1RL, Kiyana 1RL, Adriana 1L, Olivia 1L, Ella 2M, Zyva 2M, Olive 3B and all of 3B, Falaq 4N, Henry 4N, Ariella 4B, Bruno 4B, Enis 6M, Imaan 6M, Freddy 6N, Hubert 6N



Well done! You have received a certificate and have been celebrated in assembly.



Children's Mental Health Week

Next week is Children's Mental Health Week. We will begin the week with an assembly about children's mental health and in particular **Your Voice Matters**. The focus of the week is for children to be thinking about Article 12 of the Children's Convention which says that children have a right to have an opinion and for them to be listened to and taken seriously. During the week children will engage in some activities supporting this theme.

Headteacher Awards

Aimee 4N **Gabriel 1L**
Rory 2M **Jack 2M**
Amelio 2M **Inaaya 2M**
Jake 2M
Samuel Junior 2M

Well done !

Y3 Assembly

3B have been learning about the Egyptians and produced a wonderful assembly based around mummification. They learnt their lines beautifully and sang their songs with great pride and passion. It was great to watch them bring their learning to life!



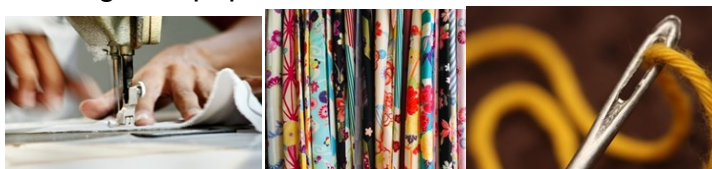
Well Done!



Sewing Club Shout Out

As a positive club promoting sustainability and upcycling, we would like to ask for any donations of unwanted fabric, clothes, buttons, ribbons and resources which could be used in future projects. We use starter sewing machines as well as good old-fashioned needle and thread to create projects.

Thank you in advance, Mrs Power and the sewing club pupils.



Calling all Artists

The Royal Academy of Arts is organizing an art competition, and we encourage all artists in school to participate.

The best thing about this competition is that there is no specific theme. Your child can submit a wide range of artworks which may include drawing, painting, printing, photography, sculpture, textile, fashion, animation, video, or even surprise us with their creativity! It's a fantastic chance for them to explore their unique artistic style and experiment with different mediums.

To take part, please ensure that your child's artwork is ready to be collected by Mrs. Lopez on the 13th of March. Each piece of art should have a title and a description. This will give your child an opportunity to explain the inspiration and thought behind their creation.

Let's encourage them to express themselves and amaze us with their creativity!



Cake Sale 1RL

We raised £121.50 Thank you!

Thank you



Parent/Teacher Meetings

Parent/Teacher Meetings, are scheduled to take place on Monday, 4th March and Thursday, 7th March.

The Parent/Teacher Meetings provide a valuable opportunity for you to discuss your child's progress, highlight their achievements, and address any concerns you may have. These meetings are an integral part of our ongoing commitment to maintaining an open and effective line of communication between home and school. To accommodate everyone's convenience and ensure maximum participation, we have planned two different formats for the meetings.

Online Meeting: Monday 4th March

Some parents may prefer the convenience and flexibility of attending the meetings remotely. Therefore, an online meeting option will be available on Monday, 4th March.

Face-to-Face Meeting: Thursday 7th March

For those who would prefer face-to-face interaction, we have scheduled traditional, in-person meetings on Thursday, 7th March. These meetings will be held at our school premises, where you will have the opportunity to meet your child's teacher in person.

The **Online booking system** will open on **Wednesday 21st February at 6.00pm** and will close on **Monday 26th February at midday**. Further details on how to book will be sent after half term. Any problems booking please phone the school office.

World Book Day

We will be celebrating World Book Day on Friday 8th March this year where children can come to school dressed as their favourite book character. Please note that this is a change to our Diary Dates sent to parent before Christmas. Friday 8th March is also 6M's class assembly at 2.30pm

Nelson School is committed to safeguarding – a shared responsibility
safeguarding@nelsonschool.org

My VOICE MATTERS

Place2Be's CHILDREN'S MENTAL HEALTH WEEK

TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say - and believe - "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week - to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.

LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour, and act on their views.

PARENTINGSMART.ORG.UK

Here's what children and young people told us they need from you:

- 1 We don't need to have 'one-off' conversations about our mental health - sometimes a chat on a journey or at bedtime is enough.
- 2 I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- 3 Please listen to me carefully and acknowledge how I am feeling - it might seem silly to you but what I am going through is important to me.
- 4 Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- 5 Don't compare my experiences to your own when you were a child.
- 6 Sometimes I just need you to listen and hear what I'm saying - I don't always need answers (or lectures)
- 7 Please don't worry about trying to fix things for me - I often just need to know you are there for me and understand what I am going through.
- 8 If you are open with me about your feelings, this can help me to be more open about mine.
- 9 Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age - my siblings, cousins, friends, younger teachers at school - because they 'get it'.
- 10 Sometimes a hug is all it takes to make me feel supported.

WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

For primary children: bit.ly/3PzC088

For secondary children: bit.ly/3L8D2wK

CHILDRENSMENTALHEALTHWEEK.ORG.UK

My VOICE MATTERS

Place2Be's CHILDREN'S MENTAL HEALTH WEEK

CONVERSATION STARTERS

Some ways to start a conversation with your child about mental health could be...

TELL ME ABOUT YOUR DAY

WHAT WAS THE BEST THING ABOUT TODAY?

WHAT IS THE BIGGEST STRESS / WORRY IN YOUR LIFE RIGHT NOW?

WHAT'S YOUR ONLINE LIFE LIKE?

WHO WOULD YOU TALK TO IF YOU WERE FEELING WORRIED ABOUT YOUR MENTAL HEALTH?

WHAT CAN I DO TO HELP YOU?

CHILDRENSMENTALHEALTHWEEK.ORG.UK

Parent Survey

Please see below a survey for parents and carers on the increase in wraparound childcare provision by the London Borough of Richmond. Please see the attached QR code or the link.

<http://tinyurl.com/5575rej>



Open to year 1 - 6

KIDS CAMP

Limited spaces
Book ASAP

Mr Abbott's School Holiday Sports Camp
at Nelson School for only
£16 per day
Scan the QR code to book your place

email: pe@nelsonschoo.org
for more info

Good Luck Nelson Swimming Team

Next week, Lily H 6N, Erin 6N, Gabi 6N, Lily G 6M, Mia 6M, Holy 6M, Iris 6N, Henry 4N, Isabella 4N, Ariella 4B, Rayaan 4B and Penelope 4N will take part in the annual swimming gala. They have been practising really hard on their stroke to ensure they compete well and on their distance. We are really proud of how well you have been doing so far. Do your Nelson best and enjoy the experience. Thank you Miss Smith & Mr Mace for working so hard and coaching them after school.

